



**19TH ANNUAL
ST. GEORGE ISLAND SIZZLER
5K RACE AND ONE MILE FUN RUN**

*A Tate's Hell Track Club Production benefiting
the Franklin County Humane Society*

Saturday, August 6, 2016

St George Island, FL

4:00 On-site Registration & Packet Pick-up

6:30 pm - One Mile Fun Run

7:00 pm - 5K Race

7:30 pm - Post Race Party & Awards

Pre-Registration

Must be received by **August 3, 2016**. After this date all registrations will be on-site.

On-site registration fee is \$35.00 for Race, Post Party & Sizzler BEACH TOWEL (if available).

Extra Post Race Party Tickets on day of race (if available) will be \$15 per person.

***Please fill out one form per racer * Must include signed waiver ***

Name _____

Address _____ State _____ Zip _____

Cell _____ Email _____ M/F _____ Age _____

Race: 5K or 1 mile (circle ONE)

Birthday ____/____/____ School (if applicable) _____

_____ \$30.00 - SIZZLER option includes: Sizzler BEACH TOWEL, Race Packet & one Post Race Party Ticket

_____ \$25.00 - MILITARY option includes: Sizzler BEACH TOWEL, Race Packet & one Post Race Party Ticket
(ID verification required - available to all active duty & retired military personnel)

_____ \$25.00 - NO TOWEL option includes: Race Packet & one Post Race Party Ticket

_____ \$10.00 - STUDENT rate option for school cross country teams includes: Race Packet & one Post Race Party Ticket

Additional Post Race Party Tickets: _____ Adults (21+) @ \$12.00/ea _____ Adults (20-12) @\$12.00/ea
_____ Children (under 12) @ \$7.00/ea

Total Amount Enclosed \$ _____ (Make checks payable to: St. George Island Sizzler)

Waiver

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able, physically fit and properly trained. I assume any and all risks associated with this event including but not limited to falls, contact with other participants, effects of weather, including high heat and/or humidity, and traffic and the conditions of the roads, all such risks being known and acknowledged by me. I agree to abide by all the decisions of the race officials relative to my ability to safely complete the run. **I agree not to wear headsets, run with dogs, baby joggers or strollers during the race.** Knowing these facts and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Gulf Winds Track Club, Tate's Hell Track Club, Franklin County Humane Society, all race officials, volunteers and all sponsors including their agents, employees, assigns, or anyone acting on their behalf from any and all claims or liability for death, personal injury or negligence or carelessness on the part of the persons named in this waiver. The Release and Waiver extends to all claims of every kind and nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants full permission to Gulf Winds Track Club, Tate's Hell Track Club, Franklin County Humane Society and/or agents authorized by them to use any photograph, videotapes, motion picture or any other record of this event for any legitimate purpose. I have read and understand the above release and enter the St. George Island Sizzler Run at my own risk.

Signature _____ Date _____

Parent or Guardian must sign if under 18

Mail to: St George Island Sizzler, P.O. Box 416, Eastpoint, FL 32328

Register online: www.stgeorgeislandsizzler.com

Email: info@stgeorgeislandsizzler.com Phone: 850.509.2191 Website: www.stgeorgeislandsizzler.com